



Three-Month Impact Update

December 2025 – February 2026

Over the past three months, our six Tender Heart preschools have continued to be safe spaces of learning, healing and joyful discovery for 380 children.

As we prepare for the end of the academic year, we are especially proud that 135 children will graduate to mainstream schools in May. These children are now confident, school-ready and equipped for the next step in their educational journey.

By June, we expect to welcome 125 new admissions, continuing the cycle of opportunity for families who rely on our early childhood education support.

A Story of Transformation – Prabhu

Behind every number is a child. Behind every child is a story.

One mother recently shared this about her son Prabhu:

“I admitted my child to Tender Heart Pre School, and the change I see in him today makes me very happy and emotional. Earlier, he could not sit in one place or focus on writing. Now, he understands everything better and sits calmly in one place to learn and write.

The teachers truly understood my child and taught him with so much love and patience. The teacher helped him learn how to write and noticed that he was struggling to speak properly. She guided us to consult a doctor, and after that, he slowly started trying to speak. I also practiced with him at home, but all this progress is possible because of the care, support, and effort of the teacher.

Today, my child has learned so much, and I am truly thankful to Tender Heart Pre School for believing in him and helping him grow.

Thank you from the bottom of my heart.”

Prabhu’s journey reflects what makes Tender Heart special — teachers who observe carefully, intervene early, involve parents, and respond with patience and love. Early identification and guidance made a life-changing difference for this child.



December: Celebration and Sharing



December was filled with warmth and community spirit.

The monthly theme of Food encouraged children to understand sharing and gratitude. The “Colour of the Month – Orange” celebration added joy and creativity to classroom activities.

On December 18th, our centres organised a Food Sharing and Christmas Celebration, where children experienced generosity in action. Every child received a Christmas gift — a small gesture that carries enormous emotional value for families facing financial hardship.

We closed the term for the Christmas holidays from December 19th, reopening in January refreshed and ready for a new term.



January: Confidence and Movement

January brought energy and growth.

With the theme Animals, children explored nature, empathy, and communication. The “Colour of the Month – Black” activity helped reinforce visual recognition and creativity.



One of the highlights across centres was **Sports Day**.

For many of our children, structured sports activities build:

- Confidence
- Physical coordination
- Teamwork
- Healthy competition



We also celebrated **Republic Day** with a short flag programme, helping children begin to understand national pride and civic identity.



Importantly, we held KG2 parent meetings to guide families through the process of admission into mainstream schools. Many of our parents are first-generation school participants and require support navigating applications, documentation and school choices.

Admissions for the new academic year have now opened, and new families are already enrolling — a sign of the trust communities place in Tender Heart.

February: Health, Awareness and Preparation



February focused on holistic development.

The theme Flowers and Trees introduced children to environmental awareness and care for nature, while “Colour of the Month – Green” reinforced this learning visually and creatively.

Road Safety Awareness Day

On February 20th, centres conducted awareness activities on **Road Safety**. Teaching children safe crossing, traffic signals and pedestrian behaviour is essential in busy communities where many children walk daily.





Health Interventions

We conducted deworming drives across centres to improve children's overall health, energy, and concentration levels. Small medical interventions such as this have a measurable impact on school readiness and attendance.



Annual Day Preparations

Children have begun preparing for Annual Day celebrations scheduled for late March/early April. These events are powerful confidence-building platforms where children perform before parents — often for the very first time.

Looking Ahead: Transition to Mainstream School

As we approach year-end:

- 135 children are preparing to graduate in May.
- Teachers are conducting readiness assessments and meeting parents.
- Exam week is scheduled for mid-March, ensuring smooth academic closure.

For many of these children, this transition represents the first step out of generational poverty through education.

The Impact You Make Possible

Over these three months, your support has enabled:

- **380 children to receive structured early education**
- **Early identification of developmental challenges**
- **Health interventions through deworming**
- **Parent guidance for mainstream school admissions**
- **Celebration, nutrition awareness and social learning**
- **Safe, loving environments that nurture confidence**

Prabhu's story is just one example. There are hundreds more unfolding quietly in classrooms every day.

Because of you, children are not just learning letters and numbers — they are learning to sit, focus, speak, express, perform, dream and believe.

Thank you for walking alongside Tender Heart Foundation and the 380 families we serve.

With gratitude,

Francis & Alison Pidugu

Tender Heart Foundation

