

## Tender Heart Update – COVID 19 Lockdown – Food distribution

For the last 4 months Tender Heart Foundation have been doing an amazing work getting emergency food supplies to the poorest people during the Covid 19 lockdown, in about 8 different slum areas in Goa. Because of the strict lockdown the people are finding it very hard. Due to lockdown, they have not been able to work and therefore have no money to buy food.

To date Tender Heart has given out over **3,700 family** groceries kits, which is amazing! Thank you so much to everyone who has given to the COVID-19 appeal. The grocery kits consist of essential food items that will last a family of four people for about 20 days.

Tender Heart have also been able to help 300 extremely poor pastors from 80 different villages in Karnataka. During lockdown these pastors have had no income.

All these groceries kits have been gratefully received with much thanks and appreciation.

Situations are getting worse in India and until 10th of August lock down is continuing (when it will be reviewed) Due to lockdown many of the shops are closed, making the situation even harder

Tender Heart has been distributing essential grocery kits in areas that are still in compliant lockdown. Tender Heart have had an amazing response from their staff and other volunteers that have been involved in helping to distribute food in the different areas affected by lockdown. The staff and volunteers have been heartbroken hearing the stories of the families who received groceries who are the neediest people who don't have any money and job. Also many have loved ones who are positive for COVID 19 and are in the hospital.

Last week, Tender Heart delivered 150 food bags to poor families. This emergency food provision is ongoing every week. Tender Heart is saving lives, through provision of these emergency food kits. Thank you so much to everyone who has given to the food appeal.





